

# Foundation Warm-Ups

## Set #1

First Five Notes

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### Start and Release

2 3 4 5 6 7 8 9

T → R  
*air*

### Tonguing Practice

10 11 12 13 14 15 16 17

T T T T T

### Connect the Notes

18 19 20 21 22 23

24 25 26 27 28 29

### Essential Patterns

30 31 32 33 34 35 36

### Essential Patterns Inverted

37 38 39 40 41 42

43 44 45 46 47

### Interval Practice #1

48 49 50 51 52 53 54 55

### Long Air!

56 57 58 59 60 61 62

63 64 65 66 67 68 69