

Foundation Warm-Ups

Set #1

First Five Notes

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Start and Release

2 3 4 5 6 7 8 9

T → R
air

Tonguing Practice

10 11 12 13 14 15 16 17

T T T T T

Connect the Notes

18 19 20 21 22 23

24 25 26 27 28 29

Essential Patterns

30 31 32 33 34 35 36

Essential Patterns Inverted

37 38 39 40 41 42

43 44 45 46 47

Interval Practice #1

48 49 50 51 52 53 54 55

Long Air!

56 57 58 59 60 61 62

63 64 65 66 67 68 69